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Defector Says NATO Plans for a First Atom Raid

Special to The New York Times

EAST BERLIN, Jan. 17—A NATO secretary who defected to East Germany with secret documents last March said today that the alliance was preparing for an aggressive war against the Warsaw Pact nations and planned to make first use of an atomic strike in a conflict.

The 41-year-old defector, Ursel Lorenzen, was presented at a press conference called by the East German Foreign Ministry.

"Everything in NATO is directed toward preparing for an aggressive war against the Warsaw Pact," she said. "I was present countless times when high NATO officials and military men confirmed that NATO would naturally in every case use atomic weapons first".

Miss Lorenzen, who worked at alliance headquarters in Brussels for 12 years, quoted from what she said was a document drawn up for a war exercise that said "the President of the United States gave permission for a first nuclear strike on the 17th day of the conflict."